

# Health & Wellness Center

# Health & Wellness Center Functions

- \* Health Services
  - \* Nurse Connie Peters and contracted physicians
- \* Counseling/Psychiatric Services
  - \* Counselors- Pat Hunter and Kerry Harper
  - \* Contracted psychiatrist
- \* Administration
  - \* Director- Alex McConnell
  - \* Office Manager- Mary Garvey

# Hours of operation

- \* Nurse: Monday – Friday 9AM-Noon & 1PM-3:30PM
- \* Physician: Monday 6PM-8PM, Wednesday 9AM-Noon, & 1PM-4PM, Friday 9AM-Noon
- \* Psychiatrist: Tuesday Noon- 4:30PM
- \* Counselors: Monday – 9AM- 8PM, Tuesday- Friday 9AM-4PM,

# Medical Services

- \* Treatment of minor illnesses and injuries only
  - \* JC Blair Hospital – 24 hour ER to accommodate after hours
  - \* Convenient Care Center- open 7 days a week 9AM-8PM weekdays, 9AM-6PM weekends
- \* Health & Wellness Fee is part of tuition- unlimited visits
  - \* Covers: ice packs, Band-Aids, ace wraps, and some over the counter medication
  - \* Does not cover: Visits to ER, Visits to Convenient Care Center, lab work, x-rays, and prescriptions (These things are billed to your student's insurance)

# Insurance

- \* Services not provided at Health & Wellness will be billed to student's insurance
  - \* It is important that we have your student's insurance card on file
  - \* Please contact your insurance company to make sure your student is covered while away at school.
  - \* If not you need to purchase the Student Health Insurance so your student is covered

# Required Documents

- \* Student Health Care Records- please turn it in as soon as possible- it needs to be turned in **before your student arrives to campus.**
- \* Copy of insurance card
- \* Must have verification of required immunizations on student's health form **before students begin classes!**
- \* **Please turn in any health forms you have with you at the end of this presentation.**

# Other Health Care Information

- \* Please send basic health care supplies to school with your student- thermometer, ibuprofen, Neosporin, cold medicine- whatever you think your student might need
- \* We have a flu shot clinic in the fall- we encourage all students to get the flu shot- charge is \$15.00 – we do not bill insurance.
- \* We do maintenance allergy injections- we do not do build up allergy injections (must be done by an allergist)

# Counseling Services

- \* Two full time counselors – Pat Hunter, & Kerry Harper, Director/Health Education Alex McConnell
- \* Consulting Psychiatrist- Assessment covered by tuition fee up until blood work & prescriptions – available by appointment only Tuesdays Noon- 5PM
- \* Students must be seen by a counselor to be referred for psychiatric services



# Counseling Services (cont.)

- \* Up to 10 counseling sessions per academic year
- \* Students are seen for “supportive” counseling
- \* Counseling needs may include but are not limited to: adjustment issues, anxiety, depression, relationship issues, eating disorders, grief, etc.
- \* Individual and group counseling is offered
- \* Counseling services are confidential

# Referral Process

- \* Students can self refer- email, show in person, or call
- \* Contact information is listed on the counseling web page
- \* Notice of Concern- online form on the Dean of Student's webpage that helps identify students having difficulty- can be done anonymously
  - \* NOC form can be used by faculty, staff, coaches, students, & family members

# Other Resources

- \* On Campus- Campus Ministry, Academic Support Services, Dean of Student's Office, Career Services, Diversity Office, Residential Life, & Public Safety
- \* Off Campus- We can help your student connect with a provider in the community if more intensive treatment is needed.
- \* Outreach and Programming- We conduct various mental health screenings during the year, information booths, programs and other campus wide community activities – We are visible on campus all through the year!

# Questions?

