

Student Testimonials

“Being a student athlete at a small school like Juniata definitely has its perks. It’s so nice to see your professors and even President Kepple showing up to cheer on our team at home games—I don’t think that happens at just any college. Not to mention, having a group of girls that you can always rely on is such an amazing feeling and it definitely helps you make friends. All in all, being a part of field hockey has been a very rewarding experience.”



Kelly O'Shea '12
political economy
Field Hockey

“During high school, I knew I wanted to continue playing volleyball in college. Juniata just happened to be the right place for me. I’ve experienced some of the best times in my life here at Juniata, and to share them with some of my best friends, my teammates.”



Dan Follett '11
history/secondary
education
Men's Volleyball

Administration and Coaches

Want to learn more about joining a team at Juniata? Do you have what it takes for success on the field and in the classroom? Contact one of our coaches about the Division III Intercollegiate athletic experience.

Administration

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Assistant Director of Athletics/Sports Information Director
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Assistant Director of Athletics
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Senior Woman Administrator
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Strength & Conditioning Coach
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Athletics Trainer
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Head Coaches

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Basketball (Men)
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Field Hockey
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Football
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Soccer (Men)
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Soccer (Women)
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Softball
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Swimming (Women)
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Tennis (Men & Women)
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Volleyball (Men)
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Volleyball (Women)
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Athletics

Whether in varsity, club or intramural sports or opting for running, weightlifting, yoga or Pilates, more than half of the student body are active athletically at Juniata. Some dance, some walk, some simply participate in the College's athletic life as ardent fans—whether cheering our championship volleyball teams, our equestrians, or our hugely entertaining male and female rugby squads—to name just a few. But one thing unites them all—Juniata students show the same drive and talent on the field or in the gym as they do in the classroom.

You know how competition fires the blood. How a good run or a workout can wake you up, energize you, help you move through the rest of your day with vigor and focus. How teamwork makes you a better student and training makes you more disciplined.

And yet, lots of colleges refer to your athletic drive as a “complement” to your education, as something apart from your life. Conventional wisdom has it that nothing is as important as your education. That's true. But doesn't your education, your development of a sound moral and intellectual mind, go hand-in-hand, as Aristotle once wrote, with the development of a sound body?

At Juniata, your education is our highest priority. But it is **your total education** we are concerned about. Just as we have clubs to match your interests and your commitment to serving others in the community, so too do we have resources to help you **develop both mental and physical strength**.

The Juniata Advantage

- **Juniata's Athletics Department is a family, committed to helping you excel in life.** Many of our coaches are also active in student life and on campus. They take time to know you and introduce you to this community.
- **Our coaching staff, regarded as some of the best in Division III, have earned recognition as national and conference coaches of the year.** They dedicate themselves to seeing that all athletes reach their potential on and off the field. Every coach stresses dual commitment to athletics and academics that ensures the total development of the people on their teams. Over the last three years, two Juniata coaches have served as national chairs of their respective sport's NCAA committee. Another earned national coach of the year honors, and coaches in women's tennis, women's indoor track and field, women's volleyball, women's basketball, and field hockey received **Coaching Staff of the Year** honors in the Landmark Conference.



Varsity Sports

Men's varsity:

Baseball
Basketball
Cross Country
Football
Indoor Track & Field
Soccer
Tennis
Track & Field
Volleyball

Women's varsity:

Basketball
Cross Country
Field Hockey
Indoor Track & Field
Soccer
Softball
Swimming
Tennis
Track & Field
Volleyball



Intercollegiate Club Sports

Gym Class Club
Men's Rugby
Men's Volleyball
Ultimate Frisbee
Women's Rugby
Women's Volleyball

Collegiate Club Sports

Downhill Ski
Equestrian
Quidditch
Racquetball
Self-Defense and Mixed Martial Arts
Social Dancing

Intramural Sports

Bowling
Coed Basketball
Coed Volleyball
Coed Indoor Soccer
Racquetball



■ All students—whether varsity athletes, fitness enthusiasts, or recreational users have free access to Juniata's Kennedy Sports and Recreation Center. The building houses the Memorial Gymnasium, the Binder Natatorium, and the Brumbaugh Fitness Center.

- Recent renovations to Kennedy have improved competition surfaces and locker room facilities. Kennedy features racquetball courts and Juniata's full-time training staff.
- Our Brumbaugh Fitness Center is a training facility that rivals any Division III facility in the country. A state-of-the-art, 5,470-sq. ft. workout area features 55 pieces of strength, cardio, and free-weight equipment. All facilities are supervised by Juniata's strength and conditioning coach Doug Smith, one of the most respected teachers in the field.



Juniata's Outcomes

- The success stories of Juniata athletes include seven Academic All-Americans since the 2004-05 academic year and a total of **116 All-American honorees** over Juniata's history. Juniata teams have claimed national championships, conference championships and have become regular participants in conference postseason play. And, our athletes boast a cumulative GPA above 3.0.
- In the 2010-11 season, 48 student-athletes won a total of 60 All-Conference awards, while 10 were named Landmark Conference Players or Rookies of the Year in their respective sports, and five received All-American honors. Men's basketball's Jeff Berkey '10 became the seventh Juniata student-athlete to receive an **NCAA Postgraduate Scholarship** in 2009, while Steph Strauss '11 was awarded the **NCAA's "Elite 88" Award** in Division III women's volleyball for having the highest grade-point-average of a participant in the final round of the 2009 NCAA Division III Women's Volleyball championship. She capped her career by becoming Juniata's eighth NCAA Postgraduate Scholarship recipient in 2010.
- This past season, Juniata's field hockey, women's basketball and women's volleyball teams won **Landmark Conference championships**.

Student Opportunities

Club and Intramural Sports

Not all students want to participate in varsity athletics, but still seek the chance to compete. Juniata offers intercollegiate club sports, collegiate club sports, and intramural sports for these students. Club sports are organized through the Office of Student Activities. Intramurals are organized through the athletic department.

Varsity Sports

Juniata sponsors 19 sports teams on the varsity level, 10 for women and nine for men, with approximately 30 percent participation of the student body in intercollegiate athletics. Juniata participates in the Landmark Conference for all sports except football, which is part of the Centennial Conference, and men's volleyball, which begins competition in the new Continental Volleyball Conference starting in Spring 2012.



FAQ

What does being a Division III athlete mean?

Division III athletics gives you a chance to play on competitive collegiate teams, as well as focus on being a student. As a Division III athlete you are not given any athletically related financial aid. At Juniata, recruiting is very important for our coaches, who bring skilled athletes who are also bright students.

What other colleges/universities do Juniata athletes compete against?

In fall 2007, Juniata began new conference affiliations with the Centennial Conference in football and the newly formed Landmark Conference in each of its other varsity sports. (See lists of participating institutions at right.)

Each conference is committed to a shared focus on institutional excellence that emphasizes our academic mission and a belief that athletics competition is an important component of the undergraduate experience. Juniata's teams face challenging conference and non-conference schedules that provide opportunities to travel throughout the mid-Atlantic region.

What commitment does it take to be a varsity athlete at Juniata?

Being a varsity athlete at Juniata is a huge commitment. Division III athletes compete out of a passion for athletics, not because they have it as a "job" they're being paid to perform. If you just have a casual interest in a particular sport, then varsity athletics might not be the way for you to go. Remember, Juniata offers club and intramural sports as well.

The Landmark Conference

- Catholic University
- Drew University
- Goucher College
- Moravian College
- University of Scranton
- Susquehanna University
- U.S. Merchant Marine Academy

The Centennial Conference (Football Only)

- Dickinson College
- Franklin & Marshall College
- Gettysburg College
- Johns Hopkins University
- McDaniel College
- Moravian College
- Muhlenberg College
- Susquehanna University
- Ursinus College

The Continental Conference (Volleyball Only)

- CVC East Division
- Juniata College
 - Eastern Mennonite University
 - Philadelphia Biblical University
 - Thiel College
 - Stevenson University

- CVC West Division
- Carthage College
 - Fontbonne University
 - Milwaukee School of Engineering
 - College of Mount Saint Joseph
 - University of California at Santa Cruz

