

## Mentoring Resource: Post-Test Reflection

Reflect on a challenging test you took recently to help you determine how to better prepare for your next test or final exam in the class. You can complete this resource for each class if needed.

Class:	Professor:	Test Date:	
Chapters/Content Cover			- 300 % <b>atc.</b>
Format (Check all that ap Essay Short Answer True/False Matching Other:	Multiple Choice Defining Calculations	Where did questions come Lecture Notes Homework Online Test Bank Other:	from?  Readings  Quizzes  Study Guide  I don't know!
Rate Yourself:  Sometimes it can be hard to know how well you studied until after the test. Looking back now, rate how well prepared you were.  1 2 3 4 5		How did you feel at the start of this test?  Very Anxious Somewhat Nervous  Relaxed	
Not	Very	How did you feel as you left the test?  Defeated Concerned  Confident	
Iow did you study for thi	s test? How much time d	id you put in? What reso	urces did you use?
Reflect o	on your answers. List what you next test and what you		r the <u>rently</u>